 **NOVEMBER 2019**

 **MEAL PLAN**

 Mon Tues Wed Thurs Fri Sat Sun

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  |  |  |  | **Pizza** | **Penne Vodka with Chicken****Salad** | **Meatloaf****Mashed Potatoes** |
| **Crockpot Chicken & Stuffing** | **Chicken Fajitas** | **Crockpot Beef Stew** | **Chicken Lo Mein** | **Crockpot Apricot Chicken** | **Beef Fried Rice** | **Creamy Pasta** |
| **Tortellini Soup****Garlic Bread** | **Tacos** | **Parmesan Crusted Porkchops****Rice****Green Beans** | **Spaghetti & Meatballs****Garlic Bread****Salad** | **Pizza****Salad** | **Grilled Cheese****Tomato Soup** | **Crockpot Beef Stew****French Bread** |
| **Crockpot Chili & Loaded Baked Potatoes** | **Chicken Quesadillas** | **Chicken Picatta****Veggies****Rice** | **Porkchops****Rice & Beans** | **Chicken Parmesan Meatballs** | **BBQ Pulled Pork Sandwiches****Coleslaw****Oven Fries** | **Meatloaf****Mashed Potatoes****Veggie** |
| **Chicken Parmesan****Casserole** | **Chicken Marsala** | **Crockpot Taco Soup** | **Thanksgiving Dinner****Turkey****Stuffing****Mashed Potatoes** | **Thanksgiving Leftovers** | **Pierogies** |  |